

CABOT HOUSE



EMERGENCY CONTACT INFORMATION

MEDICAL

<i>Life threatening (24/7)</i>	911	
HUHS Urgent Care	617-495-5711	Mon-Fri 8 AM-10 PM; Sat, Sun, Holidays 8 AM-6 PM
HUHS Nurse Advice Line	617-495-5711	Active when HUHS is not

MENTAL HEALTH

CAHMS Office	617-495-2042	Mon-Fri 8 AM-6 PM; Smith Campus Center
CAHMS CARES Support Line	617-495-2042	24/7
<i>National Suicide Prevention Lifeline</i>	988	24/7 chat available at 988lifeline.org/chat
<i>Trevor Lifeline for LGBTQ Youth</i>	866-488-7386	24/7 text 678-678
Mental Health crisis, call HUPD	617-495-1212	24/7 request a transport to Cambridge Health Alliance

SEXUAL VIOLATION/VIOLENCE

HUPD (Campus Police)	617-495-1212	24/7
<i>Boston Area Rape Crisis Center</i>	800-841-8371	24/7
<i>National Sexual Assault Hotline</i>	800-656-4673	24/7 chat available at online.rainn.org
SHARE (Sexual Harassment/Assault Resources & Education)	617-495-9100	24/7 This hotline handles a range of issues including sexual harassment, stalking, domestic violence & dating concerns

File a complaint or anonymous reporting available at oge.harvard.edu (Office of Gender Equity).

CABOT BUILDING EMERGENCIES

Mike Russell, Building Manager	A-11 (office)	Mon-Fri 8 AM-4 PM
Harvard Operations Center	617-495-5560	After 4 PM Mon-Fri, Holidays and weekends

CABOT TUTOR ON CALL	617-512-6088	24/7 Not sure who to call? Noisy neighbors? Concerned about someone in Cabot? Our tutor on call can help you access the right resources/check in!
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ANONYMOUS BIAS INCIDENT REPORTING		24/7 Students may anonymously report incidents of bias, harassment, and discrimination at tinyurl.com/biasHU
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LOCKOUTS

If you are locked out of your room, here's what to do:

Monday-Friday 8 AM-4 PM: See Mike in the Building Manager's Office (A-11)

Monday-Sunday 4 PM-8 AM: See the security guard on duty in the Building Manager's Office (A-11)

Saturday & Sunday 8 AM-4 PM: Call Securitas at 617-496-9370

- It might take a while for Securitas to arrive so please wait in a secure location.
- Tutors do not have copies of your room keys, so they are unable to help you get back into your room.

Non-Harvard resources are italicized above.

OFFICE OF THE RESIDENT DEAN

A-23, 9 AM-5 PM | Welcome to email cabothousedean@fas.harvard.edu 24/7